



BAREFOOT
COACHING

Postgraduate Certificate

Coaching Supervision

2018-19





Postgraduate Certificate in Coaching Supervision

We are committed to delivering a relevant and memorable learning experience to every delegate.

The Thinking behind the Course

We are proud to present a unique and eclectic coaching course which does not advocate one particular approach to coaching supervision but instead offers a wide and varied spectrum of approaches and ideas which enables you to develop your own supervisory style. We offer you:

- The best of traditional therapeutic and helping models
- Modern psychological thinking and positive psychology
- A comprehensive manual containing a wealth of coaching supervision tools, techniques and approaches
- Guest speakers and coaches who are world renowned presenters and published authors on coaching supervision
- Working in triads, practicing supervision from day one of the course to experience coaching supervision from three different perspectives
- Allocated personal tutor for completion of the academic work
- Access to Chester University on-line learning resources and UK University libraries (if registered with Chester University. Additional fee of: £1020)

This is a proposed course outline. Because of the nature of the training, we may deliver some elements in a different order from that stated and we may also adapt and adjust the content to suit the needs of the group.



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Module One

Day One	Day Two
<ul style="list-style-type: none">• What is coaching supervision?• How does it differ from coaching?• How does it differ from therapeutic supervision?• What is the supervisor's role?• Benefits of supervision• Wheel of Good Practice• Contracting Ethics and Boundaries	<ul style="list-style-type: none">• Normative/Managerial aspects of supervision• Formative/Educative aspects of supervision• Supportive/Restorative aspects of supervision• Four Focus Supervision Model• Ages and Stages Model• Adult Learning Theories• Overview of the Supervision Marketplace

Module Two

Day One	Day Two
<ul style="list-style-type: none">• Support and Challenge Matrix• Johari Window• Role Modelling in CPD• STAR model• Using Intuition• Developing Creative Supervision	<ul style="list-style-type: none">• Transactional Analysis in Coach Supervision• Personal Construct Psychology



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Module Three

Day One	Day Two
<ul style="list-style-type: none">• Non-Directive Coaching Supervision• Directive Coaching Supervision• After Action Review• Coach Supervisor as a facilitator	<ul style="list-style-type: none">• Introduction to the group work of Bion• Core concepts in psychoanalysis• Core concepts in group work• The Seven Eyed Supervisor• Supervising in Survival Mode• Supervising in Competency Mode

Module Four

Day One	Day Two
<ul style="list-style-type: none">• 9 levels of Understanding• Karpman Drama Triangle• Heron's 6 categories of intervention	<ul style="list-style-type: none">• Negotiating the Supervisory Approach• Power and control• What next for you as Supervisor



Accreditation

There are four 2-day attended modules. This is Masters level work and would account for 60 credits towards a Masters Qualification if you wished to continue your studies beyond the Postgraduate Certificate level.

You are required to:

- Conduct 8 hours of 1:1 coach supervision with practice clients
- Conduct 8 hours of group supervision with practice clients
- Attend an assessed 1:1 coaching supervision session
- Attend an assess group coaching supervision session
- Produce a written portfolio for group supervision session
- Produce 2 5000 word essays.

As you would expect the emphasis of this programme is on the practical aspects of coaching supervision and brings together the latest thinking and concepts around coaching supervision and how to actually do it effectively.

Entry Requirement:

If you are interested in attending this programme, it is essential that you have proven coaching capability and practical experience, which means you need to hold a current recognised qualification in coaching, coaching psychology or psychotherapy eg PG Certificate in Coaching and also demonstrate considerable coaching experience in terms of the number of clients and/or your background in coaching. A pre selection interview (usually over the phone) will take place to ensure the eligibility criteria of the programme is met.

I'm interested, what do I do next?

Please contact our office on **01332 863641** or e-mail **info@barefootcoaching.co.uk**

For more information on the course, dates and venue please visit our website
www.barefootcoaching.co.uk