



B A R E F O O T

COACHING

EXPERTS IN COACHING & COACH TRAINING

BAREFOOT COACHING

The creation of Kim Morgan, one of the UK's first executive coaches, Barefoot Coaching has been at the forefront of the industry for over 25 years. We are experts in coaching and coach training for organisations and individuals operating at every level.



Our services

University accredited postgraduate level coach training

One-to-one executive coaching

Team coaching

In-house manager as coach training programmes

Coaching supervision for in-house coaches

Expert partnering/consultancy to develop a coaching culture

UNIVERSITY AND ICF ACCREDITED COACH TRAINING

Barefoot Coaching pioneered the development of University accredited coach education in the UK and we are as passionately committed to it today as we always have been.

Our courses combine psychological depth, academic rigour and a highly practical focus to offer every delegate a memorable, relevant and highly-respected learning experience:

A truly eclectic approach to coaching covering a full spectrum of tools, techniques and psychological models

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Small group sizes so that individual facilitation and constructive, robust feedback can be given throughout the course

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Live demonstrations and lots of practice sessions from day one of the programme

•

World class speakers and published authors sharing their coaching expertise

Visit our website for a full list of course dates

POSTGRADUATE CERTIFICATE IN BUSINESS AND PERSONAL COACHING

Our flagship course, accredited by the University of Chester and the ICF, has been the coach training of choice for thousands of successful coaches. This market-leading qualification is an internationally recognised hallmark of quality.

This course is ideal for business leaders, senior executives, HR directors and senior managers. It is particularly suitable for anyone who is responsible for the development of a coaching culture within an organisation, or whose role includes any coaching responsibility.

An exceptional personal and professional development experience delivered in a short timeframe.



“Barefoot coaching provides the perfect blend of stimulating discussion, world class presenters, valuable information and opportunities to practice.”

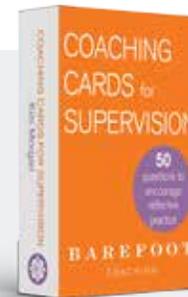
Training and Development Manager,
Boots PLC

POSTGRADUATE CERTIFICATE IN COACHING SUPERVISION

A University accredited postgraduate qualification offering high-level learning about a wide range of approaches to coaching supervision.

This course is aimed at experienced coaches who want to become qualified coach supervisors. It is particularly suitable for coaches in organisations who wish to use supervision skills to build and develop their organisation's internal coaching capability.

This course will give you the ideas and skills you need to work as an expert supervisor to experienced coaches, either one-to-one or in groups.



What would you like to do better as a coach?

Supervision question cards designed by Barefoot Coaching to encourage reflective practice and help develop your coaching capability.

£12.99, available now on Amazon.

MANAGER AS COACH TRAINING

Our in-house coach training programmes are designed to enable those with leadership and managerial responsibilities to understand and have the flexibility to use coaching skills in their leadership behaviour.

Tailored to the particular needs of your organisation and designed to deliver maximum impact in the most time-effective manner possible, our programmes are beneficial for managers in any context – owner-managers, HR professionals, team leaders and consultants – both those new to leadership and those with significant experience.

All our coach training programmes provide insight into the psychology and thinking which underpin coaching and plenty of experience of coaching in practice. Delegates take away ideas, approaches and techniques which can be applied immediately in the workplace.



What does your work give you that you otherwise wouldn't have?

Professional coaching questions designed by Barefoot Coaching to help managers and team leaders easily introduce a coaching approach to the workplace.

£12.99, available now on Amazon.

TEAM COACHING

Team coaching can be stand alone or can be offered in conjunction with individual coaching of team members.

Delivered by highly experienced coaches who may use a range of effective tools, frameworks and models that will enable your team to:

Improve effectiveness

•

Identify opportunities for change and to shift dynamics

•

Address interpersonal issues and share organisational perspectives

•

Build on existing strengths

•

Develop solution-focused thinking

•

Communicate directly and with honesty



If a new member arrived in your team, what would they admire?

Coaching questions to help create more effective team working, designed by Barefoot Coaching for managers, team leaders and coaches working with teams.

£12.99, available now on Amazon.

ONE-TO-ONE EXECUTIVE COACHING

Our one-to-one coaching programmes offer a confidential relationship which provides challenge, clarity, encouragement and objectivity. More effective than block training programmes, one-to-one coaching is a tailor-made personal and professional development programme for selected individuals.

Barefoot's executive coaching has enabled thousands of senior business people to enhance their performance and to deliver business and personal objectives. All our coaches are trained to postgraduate level and have Barefoot's required combination of technical expertise, psychological understanding, commercial sense and professional credibility.

We use one-to-one executive coaching for:

- Improving performance
-
- Coaching to achieve a specific business goal
-
- Coaching for career progression
-
- First 100 days in post
-
- Realising potential
-
- Confidence, gravitas and improved personal impact
-
- Leading a team/dysfunctional teams
-
- Coaching to achieve work/life balance

DEVELOPING A COACHING CULTURE

Investment in coaching only makes sense if it improves the performance of both the organisation and the individual.

Barefoot Coaching has supported many organisations in building and maintaining strong coaching cultures:

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SERVICE LEVELS

Our approach is simple. We really understand coaching and coach training. You really understand your organisation, its goals and objectives and its people. Together, we work hand in hand with you to ensure that we deliver coaching and training which will be relevant to you and make a noticeable difference in your organisation.



“I can heartily recommend Barefoot as a true L&D business partner to help bring a coaching culture to life in an organisation. We have noticed tangible results from the investments made... with strong business results, the highest employee engagement and the lowest attrition rate for many years.”

HR Director
Bluefin Solutions

CONTINUOUS PROFESSIONAL DEVELOPMENT

Barefoot offers all coaches lifelong professional development through CPD events, access to expert supervision and a range of invaluable coaching resources.

Visit our website or contact us directly to find out more about our webinars, twice-yearly coaching conferences and regular small group supervision sessions.

CONTACT US

01332 863641

info@barefootcoaching.co.uk

www.barefootcoaching.co.uk

 @BarefootCoaches

WHAT ARE YOU LIKE WHEN YOU ARE AT YOUR BEST AT WORK?

